

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Pasta Bolognese (G, Ce, S) Sausage roll & Baked Beans (G, S) Jacket Potato & toppings Grab Bag (D, G)	Enchiladas (G, D) Mediterranean tart (G, D) Jacket Potato & toppings Grab Bag (D, G)	Burger & wedges (G, S) Korma curry & rice (Ce) Jacket Potato & toppings Grab Bag (D, G)	Lasagna (G, D, S) Vegetable Soup & bread (G, Ce) Jacket Potato & toppings Grab Bag (D, G)	Pizza & Chips (G, D) Pav Bhaji (G, Ce) Jacket Potato & toppings
	Side	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
	Dessert	Fruit yogurt (D)	Cookies (G, D)	Lemon Icing cake (G)	Fruit Crumble & Custard (D, G)	Ice Cream (D)
WEEK 2	Main Option	Mac & Cheese (G, D) Fried rice & vegetables (S) Jacket Potato & toppings Grab Bag (D, G)	Burrito (G, D) Cottage Pie (Ce) Jacket Potato & toppings Grab Bag (D, G)	Vegetable pesto panini (G, D) Chickpea & Corn curry with rice (Ce) Jacket Potato & toppings Grab Bag (D, G)	Sausage & Mash with Gravy (G, S) Vegetable Strudel (G, Ce) Jacket Potato & toppings Grab Bag (D, G)	Pizza & Chips (G, D) Dhal & Naan (G, Ce, Mu) Jacket Potato & toppings
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
	Dessert	Fruit Yoghurt (D)	Vanilla cake (G)	Jelly	Banana cake (G)	Ice Cream (D)
WEEK 3	Main Option	Green pesto Pasta (G, D) Rice & Dhal (Ce, Mu) Jacket Potato & toppings Grab Bag (D, G)	Tacos & Mexican rice (S, D) Thai Curry & Rice (S) Jacket Potato & toppings Grab Bag (D, G)	Hot dogs & potato salad (G, S) Matar Paneer (D, Ce) Jacket Potato & toppings Grab Bag (D, G)	Stir Fry Noodles (G, S) Cheese & onion pasty with coleslaw Jacket Potato & toppings (G, D) Grab Bag (D, G)	Pizza & Chips (G, D) Masala Kitchari (Ce) Jacket Potato & toppings
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
	Dessert	Fruit yoghurt (D)	Chocolate Mousse (D)	Brownies (G, D)	Pineapple cake & custard (G, D)	Ice cream (D)

Allergens

D - Dairy | G - Gluten | S - Soja | Se - Sesame | Mu - Mustard | Ce - Celery

Please Note: Salad bar, fresh breads & fruits are available every day; Seasonal fruits and vegetables are used

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Pasta Bolognese (G, S, Ce) Sausage roll & baby potatoes (G, S) Jacket Potato & toppings Grab bag (G)	Enchiladas (G) Mediterranean tart (G) Jacket Potato & toppings Grab bag (G)	Burger & Wedges (G, S) Korma curry & rice (Ce) Jacket Potato & toppings Grab bag (G)	Lasagna (G, S) Vegetable Soup & bread (G, Ce) Jacket Potato & toppings Grab bag (G)	Pizza & Chips (G) Pav Bhaji (G, Ce) Jacket Potato & toppings
	Side	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
	Dessert	Fruit yogurt (S)	Cookies (G)	Lemon Icing cake (G)	Fruit Crumble & Custard (G)	Ice Cream (S)
WEEK 2	Main Option	Mac & Cheese (G) Fried rice & vegetables (S) Jacket Potato & toppings Grab bag (G)	Burrito (G) Cottage Pie (Ce) Jacket Potato & toppings Grab bag (G)	Vegetable pesto panini (G) Chickpea & Corn curry with rice (Ce) Jacket Potato & toppings Grab bag (G)	Sausage & Mash with Gravy (G, S) Vegetable Strudel (G, Ce) Jacket Potato & toppings Grab bag (G)	Pizza & Chips (G) Dhal & Naan (G, Ce, Mu) Jacket Potato & toppings
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
	Dessert	Fruit Yoghurt (S)	Vanilla cake (G)	Jelly	Banana cake (G,D)	Ice Cream (S)
WEEK 3	Main Option	Green pesto Pasta (Mu, G, Mk) Rice & Dhal (Ce, Mu) Jacket Potato & toppings Grab bag (G)	Tacos & Mexican rice (G) Thai Curry & Rice (S) Jacket Potato & toppings Grab bag (G)	Hot Dogs (G, S) Matar Tofu (S, Ce) Jacket Potato & toppings Grab bag (G)	Stir Fry Noodles (G,S) Jacket Potato & toppings Grab bag (G)	Pizza & Chips (G) Masala Kitchari (Ce) Jacket Potato & toppings
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
	Dessert	Fruit yoghurt (S)	Chocolate Mousse	Brownies (G)	Crumble & custard (G)	Ice cream (S)

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	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Pasta Bolognese (Ce, S) Jacket Potato & toppings	Enchiladas (Ce) Jacket Potato & toppings	Korma curry & Rice (Ce) Jacket Potato & toppings	Vegetable soup (Ce) Jacket Potato & toppings	Pizza & Chips Pav Bhaji (Ce) Jacket Potato & toppings
	Side	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
	Dessert	Fruit yogurt (S)	Fruit Salad	Desert of the day	Desert of the day	Ice Cream (S)
WEEK 2	Main Option	Fried rice & vegetables (S) Jacket Potato & toppings	Burrito Cottage Pie (Ce) Jacket Potato & toppings	Chickpea & Corn curry with rice (Ce) Jacket Potato & toppings	Vegetable bake, Mash & Gravy (Ce) Jacket Potato & toppings	Pizza & Chips Dhal & Rice (Ce, Mu) Jacket Potato & toppings
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
	Dessert	Fruit Yoghurt (S)	Desert of the day	Jelly	Desert of the day	Ice Cream (S)
WEEK 3	Main Option	Basil pesto Pasta Rice & Dhal (Ce, Mu) Jacket Potato & topping	Chilli con beans & rice (S) Thai coconut curry & rice (S) Jacket Potato & toppings	Matar Tofu (S, Ce) Jacket Potato & toppings	Tofu and Veg Stir Fry (S) Jacket Potato & toppings	Pizza & Chips Masala Kitchari (Ce) Jacket Potato & toppings
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
	Dessert	Fruit yoghurt (S)	Desert of the day	Fruit Salad	Desert of the day	Ice cream (S)

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