



THOMAS HALL SCHOOL NEWSLETTER

Issue 4 – Friday 22nd September



The start of this year has been very fast paced, with lots of things going on to get the school year ready. You will be aware that we have been experiencing IT issues that has affected our Timetables, Arbor and printing. We are working with our teams to resolve these issues as quickly as we can, and we are sorry for any problems that you may be experiencing as a result.

We are building our identity and have spent a long time talking with pupils, parents and staff to ensure we have our 'Thomas Hallway' in place. You can find this here: Thomas Hallway. We talk regularly about our values of Respect, Integrity, Empathy, Self-Discipline, Gratitude and Courage and how each of these should lead us all to be caring and kind citizens and form an important foundation into our next phase of growth.

Our colleagues from Reach South have been visiting lots recently and have been providing us with some excellent support. Dean Ashton, our CEO came to see us on Monday, and he spoke with our primary pupils in their assembly. We also had Tara Davies, our Executive Business Manager with us on Tuesday and Mark Elms, our Education Director on Wednesday. Mark introduced our two linked Deputy Directors of Education, who will be working closely with colleagues in developing our provision further. For our primary phase, we will have support from Adam Hickman who has led outstanding schools in London, and our secondary phase will be supported by Dave Alexander, who retired as Head of Rednock School after 20 successful years there last year. Dave will be with us again on Monday and Tuesday next week, providing more capacity within the school.

Phil Arnold
Head Teacher

I would like to say a warm welcome back to Thomas Hall. We have a number of new staff in the Primary Phase – and it was lovely to invite parents into school to meet our teaching team, this week. During our Meet the Teacher event, I talked about how we are working to develop our identity as a school that has kindness at its core and shared our 'Hall 6' – principles that we encourage all to buy into and 'live'. We aspire for these to become part of our Thomas Hall Way.

Julia Wood
Assistant Head Teacher



Dates for your Diary

Tuesday 26th Sept PTA Annual General Meeting 2pm

Thursday 28th Sept Year 11 Geography Fieldwork trip to Lyme Regis

Friday 29th Sept Tempest School Photos

Monday 2nd Oct Governor's Meeting

Saturday 7th Oct Silent Disco (See parent Notices)

Note: Information in the newsletter is for both upper and lower school, but the examples of work rotate each issue.

In This Issue

— WELCOME —

BACK TO SCHOOL

Dear Parent/ Carer,
The Tempest
photography
will be in school
on Friday,
29th September
to take
photographs of
the pupils.



We need all pupils to be
photographed for the school
Management Information
System to ensure we have up
to date photographs of all the
students for safeguarding
purposes.

This year the photographer will
hand a proof of the
photograph to each child for
them to bring home. If you
would like to then place an
order you will be able to do
this with Tempest direct.

TEMPEST
PHOTOGRAPHY



Academic
Excellence



Character
Development



Wellbeing



Parent Notices,
Meet the Staff
& Menu

This year, due to severe
allergies we are a no
nut, no fish school.
Please do not bring any
fish, or nut products into
school.



Thank you



Academic excellence



Reception & Year 1

Science:

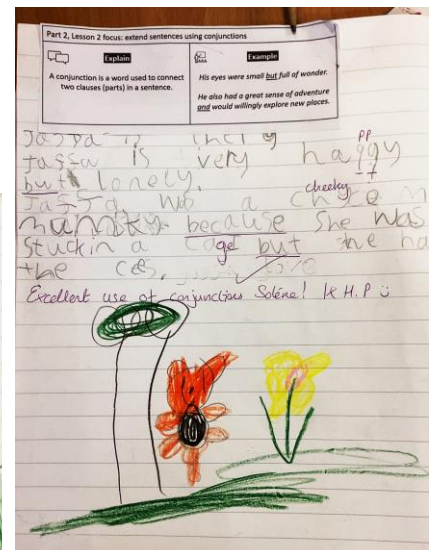
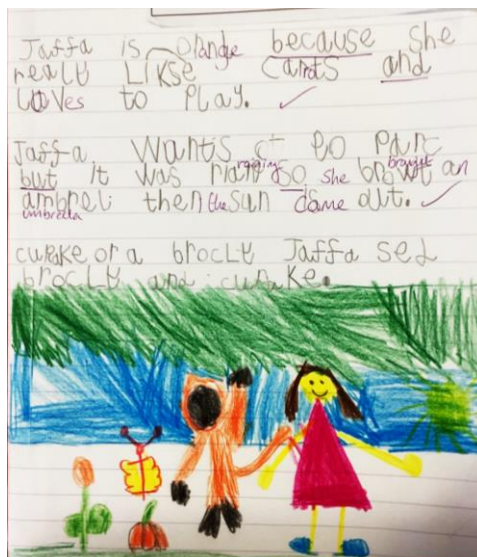
We have been learning about the four seasons and the changes in weather they bring. We looked how day turns to night and in groups, we ordered this rotation using key scientific vocabulary and images in the cycle.



Miss Greaves & Mr Kinch

Year 2

Year 2 have been working hard towards creating their character descriptions in Literacy. They have been very imaginative whilst ensuring they include their success criteria of adjectives, adverbs and conjunctions."



Miss Dingle



Academic excellence



year 3

In Year 3 we have been

looking at

Vincent van Gogh, the children enjoyed learning about his life and were surprised that he only sold one painting in his lifetime. Many recognised some of his art. We looked at the styles of painting Van Gogh and techniques such as; 'impasto' with thick paint, 'sgraffito' where you scratch the paint and also 'tonking' where you blot the paint. The children had great fun experimenting with each paint style. We discussed what each style would be good for, and how good these techniques were for texture and effects.

Miss Roberts

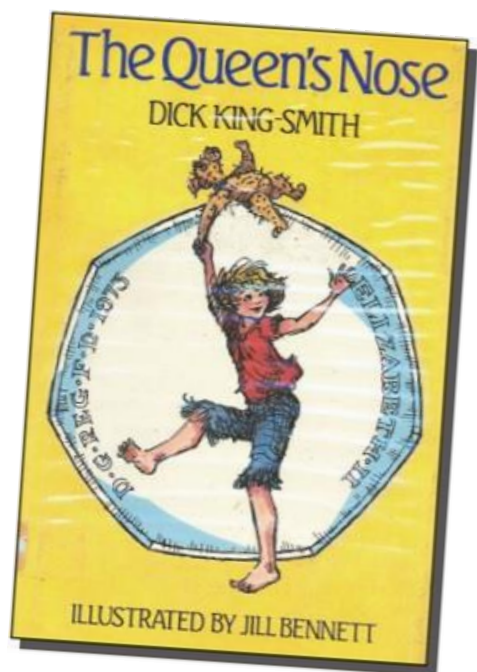


year 4

Year 4 have had a great start to the Year and have been reading *The Queen's Nose*; where we have been finding out about Harmony's exciting adventures and the treasure hunt her Uncle Monty sets her that leads to a rather magical treasure!

We have also been exploring perspective and pop art with David Hockney. A great start to Year 4 Hazel Class, well done!

Mr Sandover





Academic excellence



year 5

We were looking at 'subtractive drawing' this is where the children made marks with pencil, oil pastels and charcoal and then used a rubber to remove the marks and create a picture. Our inspiration came from Frank Auerbach who was a German-British painter.



Mr Felton

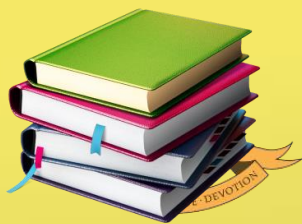
This week, Year 6 have been busy completing their first set of Mock SATs. The children have worked hard all week exploring test techniques and having a look at what the real papers will look like. They have all done an amazing job and should be super proud of themselves!

Alongside this, Year 6 have also been starting their own autobiographies! They have been writing all about their lives from their first words to their dreams and ambitions for the future. It has been really interesting to see what journey they have all been on from when they were born up until now!

year 6



Miss Keep



Academic excellence French



Le Français

Je suis ce que je suis, et si je suis ce que je suis, qu'est-ce que je suis ?

Fun tongue twister (un virelangue) to try:

I am what I am, and if I am what I am, what am I ?



French idiom to learn:

"Il pleut des cordes!"

Literal translation: It's raining ropes!

Actual meaning: It's raining cats and dogs!

On chante l'alphabet!

A AH	B BAY	C SAY	D DAY	E UH	F EFF	G J'AY
H ASH	I EE	J JEE	K KAH	L ELL	M EMM	N ENN
O OH	P PAY	Q KUH	R AIR	S ESS	T TAY	U UH
V VAY	W DOOPLER VAY	X EEKS	Y EE GREK	Z ZED		

KS2

The primary students have been learning about phonics in French and have been singing the alphabet:

They have also been practising greetings and have been singing this song to the tune of "Hi ho, hi ho, it's off to work we go..."



Bonjour, salut, ça va, comment vas-tu?
Comment ça va?
Ça va très bien
très bien, très bien
et bienvenue!

~ Miss Cook




Academic excellence Attendance & HP's




06/09/23 – 21/09/23

Primary

Secondary

Class	Attendance
Reception - Willow	98.5% 
Year 1 - Rowan	95.2%
Year 2 - Birch	97.1%
Year 3 - Yew	93.7%
Year 4 - Hazel	96.2%
Year 5 - Beech	94.7%
Year 6 - Fir	91.7%

Class	Attendance
Year 7 - Acer	96.2%
Year 7 - Holly	88.6%
Year 8 - Larch	94.4% 
Year 8 - Maple	92.9%
Year 9 - Aspen	88.3%
Year 9 - Juniper	85.6%
Year 10 - Elm	76%
Year 10 - Redwood	74.7%
Year 11 - Ash	80%
Year 11 - Pine	84.7%



Please report absences before 9.00am by emailing absence.ahe@avanti.org.uk or telephoning 01392 757371 selecting option 1 to leave a message on the absence line.



Medical/dental and other appointments should be arranged outside of school hours when-ever possible. Confirmation of all appointments, by way of appointment card/letter or appointment slip, must be provided. Please notify the school at least 3 school days advance of the appointment.

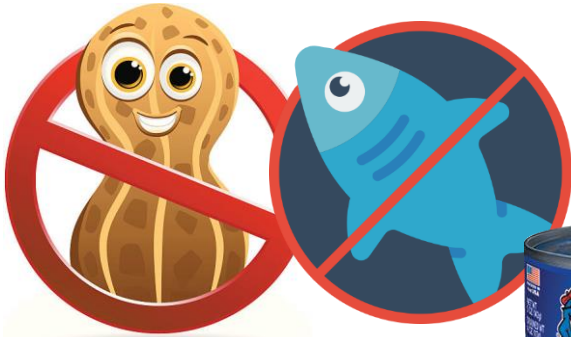


Any non-medical absence must be requested by completing an absent request form (S2). This must be completed and returned to reception at least 3 weeks before the actual absence

ATTENDANCE MATTERS. ALL DAY, EVERY DAY



Things to know



Please remember, this is a nut and fish free school!



MESSAGE ABOUT KIDS MEALS!



Please, when you order your meals from the kitchen, we cannot give substitutions. So, what you order is what your child will get!

club news

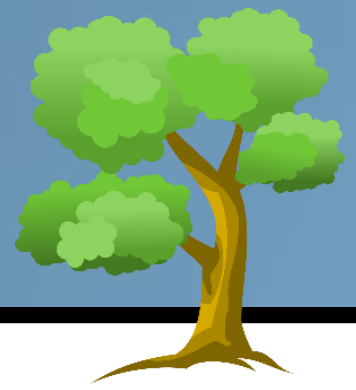
CLUBS START

BACK NEXT WEEK!





Forest School



Hello All,

Welcome back!

It has been so lovely settling back into the woodland space. We are enjoying 2 hours to spend in the woods instead of 1 hour last year. This allows us to really settle and get stuck in to our activities.

It is very wet at the moment and we are finding a lot of pupils without the appropriate wet weather gear. Please could we ensure your child is coming in for their forest school days with waterproof trousers, a coat and wellies. If you do not have access to these at home, please email zoe.parker@thomashallschool.org to arrange spares. It would be a shame if they had to miss out on the puddle fun.

We have been enjoying the harvest celebration from the polytunnel and the apple trees, keeping warm and toasting toffee apple slices by the fire.

Have a lovely weekend.





Wise Words



“There’s nothing wrong with coming back, the Sun does it every day.”

Lamine Pearlheart



If you know of a student that has done something extra special and deserves a mention, please email avantihall@avanti.org.uk



Meet our Staff



Name: Mr Kinch

Job title: Year 1 Teacher (and all-round good guy)

What do you do on an average day? Teach a varied, inclusive curriculum.

What is the best part of your day? Watching the children do what I've taught them, independently.

What is the most challenging part of your day? Making sure I've got everything ready!

Something about me: I used to be a local radio presenter.



[Click here to
thank
a member
of staff](#)

Thanks to our staff

Do you think a Thomas Hall staff member deserves a special thank you for going above and beyond their normal duties?



Peripatetic Music Lessons



Sean Tucker- Clemens Guitar Tuition



Sean trained at the Academy of Music and Sound in Exeter.
Since first picking up a guitar at the age of 17, he has studied many different aspects of both electric and acoustic playing and confidently teaches a wide range of musical genres. Can offer electric and acoustic guitar, ukulele and beginner/ intermediate bass tuition.

Contact: 07757700310
Email info@seantuckerclemens.com

Anna Cockroft Violin Tuition



Anna Cockroft played both violin and piano from an early age and went on to study at Birmingham Conservatoire. After graduating she moved to Devon to start her playing and teaching career, and has enjoyed her music immensely ever since. She currently plays with Taunton Sinfonietta, is a member of the Beacon Piano Trio and the Orchard String Quartet and freelances for many orchestras. She has led the Exeter Bach Society's Orchestra for several years and was present at the Society's very first rehearsal.

Contact:
Email: annaviolin27@gmail.com

Mike Marks - Various



After stepping away from classroom teaching to have more time with my family, I have returned to my roots of music! Life is Music sessions are run embedded with the belief that we are all musicians and that music is all around us - once we feel these truths, the music flows naturally. These core beliefs lead to sessions infused with a love of music and an underlying exploration of the interconnectivity of Music and Life. Instruments act as the vehicle for growing these roots in my students. In 30 minutes, they might sing, beatbox and/or play any combination of piano, guitar, ukulele, bass, drum set, anything else we can find to make music with! As I always follow my students' interests, if they would like to just focus on one instrument, that is what we do.

Damai dan musik selalu :)

Contact:
Mike from The Sounds of Learning at:
thesoundsoflearning@gmail.com

Rob Maxwell – Piano Tuition



“Teaching and sharing my love for music has always been a part of my job that I really enjoy, and I feel privileged to be able to share my experience with the the next generation of musicians. I aspire to offer some inspiration to encourage students to get into music and discover what it can offer them and what they can offer others. Whether it's help learning pop music by ear, developing your theory knowledge, or studying for your ABRSM Grades, I can help.”
Rob Maxwell will be offering one to one piano lessons on a Monday and Tuesday afternoon. He is an experienced music teacher and teaches theory, reading and development of musical ear using songs that are known and enjoyable to the children. His fees are £10 per lesson and parents would sign up to a block of lessons for the term.

Contact:
rob.maxwell@rocketmail.com



Parent Notices



As part of our drive to make the transition of students to school safer we will be including a road safety section in every newsletter to highlight the risks involved. Please be assured that the majority of parents are ensuring the safety of our students through their awareness and road etiquette.

There is a small number of parents that have unfortunately highlighted some safety issues, mainly on West Garth road. There have been an increasing number of near misses, involving students and staff, due to bad driving, bad parking and ignoring the reasons for the coned off areas.

1. The yellow coned off area is for students to safely cross the road.
2. We will endeavour to have a staff member to be of assistance in this yellow coned zone where possible.
3. This is not a zone that car drivers can stop, park or drop off/pick up.
4. THIS AREA NEEDS TO BE KEPT CLEAR AT ALL TIMES.
5. We strongly encourage parents not to undertake three point turns in West Garth road. This endangers the safety of students and causes unnecessary hold up of traffic, including buses.
6. Please use the triangle grass island from the back gate entrance 100m/109yards to change direction of travel safely.
7. No parking or dropping off in Roundhill close.

The safety of our children is all of our responsibility. We will be handing out bullet point safety measure sheets to drivers to reinforce this message.





Parent Notices



 **Thomas Hall School**

Welcome Back

SILENT DISCO

Time slots :
4.30-6.30pm
and 7-9pm

Sat 7th October

Tickets £5 each
4 ticket bundle- £18
<https://thomashallptfa.square.site/events>

Vegan Sausage rolls
Drinks and snacks
UV Body Art

Use this link to book <https://thomashallptfa.square.site/events>



& parents carers Community hub



- Meetings
- Coffee Mornings
- Cake Sales
- Support Groups
- Second/Craft
Pop Up Shops

Free For All!



Available for Booking - email: thomashallptfa@gmail.com



Parent Notices



Dear Parent/carers

Last year our local YMCA community workers twice ran a parenting course in Exwick Parish Hall. Parents from your school attended and really appreciated doing the course. One parent said " Bed times are so much better. I have the confidence now to be firm with the kids and to stick to regular routines. They didn't like it the first time but after a few days bedtimes became so much calmer." Another parent enjoyed the course so much that she chose to do the course a second time!

One of the YMCA community workers is one of our company directors, Harri Sharp. Her role with the YMCA Exeter is to offer support and encouragement to Exwick families. For the past 4 years she has been working one day a week for the YMCA to connect with young families through one to one support and groups like the Kids Matter course.

The YMCA community workers are hoping to run further KIDS Matter courses this term and next year and wondered if they could visit the school to be available to meet with parents and carers. This could perhaps be at a parents evening or at a school event. Or maybe at the start of a school day?

The courses would be on a Friday afternoon at Exwick Parish Hall and would finish in good time for parents to get to school to collect any school age children.

If you would like to find out a bit more Harri would be happy to meet with you or talk on the phone. Please do get in touch with her. She does her YMCA work on Fridays.
harri.sharp@ymcaexeter.org.uk tel 07933 669395

YMCA EXETER

175
1846-2021

Belong. Contribute. Thrive.



LET'S TALK

TEENAGERS



Free support sessions for parents and carers

Have you got teenagers? Join us online for a chat about some of the challenges young people are facing today, and find out what tools you can use to support them.

Weekly 90 minute sessions starting at 7.00pm

Visit www.devon.cc/letstalk to find out more about each session and book your free place.

Dates:

- Tuesday 19th September
- Tuesday 26th September
- Tuesday 3rd October

Safer Devon

Working together to make Devon even safer



Parent Notices



LET'S TALK

PRE-TEENS



Free support sessions for parents and carers

Let's Talk Pre-Teens is an opportunity for you as a parent or guardian of a young person aged approximately 9 to 12 years old to hear about the challenges they are facing today, and the tools you can use to support your children and community.

Weekly 90 minute sessions starting at 7.00pm

Visit www.devon.cc/letstalk to find out more about each session and book your free place.

Dates:

- Thursday 21st September
- Thursday 28th September
- Thursday 5th October

Safer Devon

Working together to make Devon even safer



Parent Notices



COST OF LIVING SUPPORT

ACCESSING HELP IN EXETER

Citizens Advice Bureau- Free independent advice-
0808 278 7845 Mon-Fri 10-4pm
CAP Debt Centre Exeter-Mon-Thurs 9-30-5pm, Fri 9-30-3-30
0800 328 0006
Step Change Debt Charity-Free Expert advice- Mon-Fri 8-8pm
0800 138 1111
National Debtline 0808 8084000

DEBT ADVICE

FOOD SUPPORT

Exeter Food Bank- Advice worker; Ali 07939 381794/07818 226524- Food bags
St Katherines Community Larder- Fridays- 10-12- Food bags
Foodcycle Exeter, The Mint, Fore Street- Tues 6-30pm-Free Meal
St Thomas Foodfight-Free cooked Food -Sundays at St Thomas Precinct 11-1pm
Salvation Army- Free Meals- Saturdays & Sundays evenings 01392 216553
Rediscover Church, Northernhay St- Weds 10-2pm- Food bags

Housing Advice (Exeter City Council)
01392 265726 Mon-Fri 9-5pm for help with
Housing Benefit & Council Tax Support & Exceptional Hardship Fund
& Discretionary Housing Payments
Universal Credit Help to Claim Advice 0800 144 8444/0800 169 0310
Grant opportunities- eg School Uniforms, Utility Bills, essential
equipment

USEFUL INFO

The Moorings (Drop in Mental Health Support)
St Leonards Gp Practice 6pm-midnight, 7 days a week
Samaritans (Free number) 116 123
Talkworks (Depression & Anxiety Services)
0300 555 3344
Age UK: Support for people aged 62+ & their carers
01392 202092

HEALTH & SUPPORT

For more advice & info, scan the QR code below



HELP WITH ENERGY BILLS AND BENEFITS

Exeter Community Energy Healthy Homes for Wellbeing

Do you want lower energy bills?
Do you struggle to heat your home?
Contact ECOE for free energy advice and home visits

healthyhomes@ecoe.org.uk 0800 772 3617
www.ecoe.org.uk/healthy-homes-wellbeing

Get in touch with your Community Builder (Wellbeing Exeter) with ideas of how or where to support your neighbours

[www.wellbeingexeter.co.uk/
community-building-2/](http://www.wellbeingexeter.co.uk/community-building-2/)





Parent Notices



Secure
LOCKER.RENTALS



LOCKERS, FROM AS LITTLE AS 12p PER DAY. SIMPLE. SAFE. SECURE.

Kids these days carry a lot of expensive equipment, from trainers and clothing, to books and sportswear. So, it's scary to think that the average student loses 7 items per month.

Having a school locker can help to reduce these numbers. Creating a constant, secure location for students to store possessions safely. With the added advantage of keeping books dry and promoting better back health.

And, when you compare the cost vs replacing a school jumper, the decision is simple.

Visit locker.rentals and book your locker today.

Source: www.memor.co.uk/news/uk-news/how-many-items-you-lose-826653

✉ enquiries@locker.rentals

🏠 www.locker.rentals

THE UK'S NO.1 SCHOOL LOCKER.

Secure
LOCKER.RENTALS



2 SIMPLE WAYS TO RENT YOUR LOCKER.



1

Visit www.locker.rentals

Once on the web app do the following:

- Enter your **LOCATION**
- Choose your **PREFERRED LOCKER AREA** from the drop down menu (if available)
- Click on **CHECK AVAILABILITY**
- Where prompted enter your details and read and agree to the terms and conditions
- Click on **RENT LOCKER** and follow the instructions for entering your payment details
- You will then be emailed a locker code and the number of your locker compartment.



2

Scan this QR Code

How to Access your Locker:

- Go to the locker number detailed on your confirmation email
- Enter the **4 digit code** detailed on your confirmation email and open the lock
- Should you forget your code it can be reused by visiting www.locker.rentals and clicking on the re-issue my locker code link.

Parent Notices

School Lunches

		Autumn/Winter Menu 2023				THOMAS HILL SCHOOL	
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	Option						
	Main Option	Pasta Bolognese (G, Ce, S) Sausage roll & Baked Beans (G, S) Jacket Potato & toppings Grab Bag (D, G)	Enchiladas (G, D) Mediterranean tart (G, D) Jacket Potato & toppings Grab Bag (D, G)	Burger & wedges (G, S) Korma curry & rice (Ce) Jacket Potato & toppings Grab Bag (D, G)	Lasagna (G, D, S) Vegetable Soup & bread (G, Ce) Jacket Potato & toppings Grab Bag (D, G)	Pizza & Chips (G, D) Pav Bhaji (G, Ce) Jacket Potato & toppings	
	Side	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	
	Dessert	Fruit yoghurt (D)	Cookies (G, D)	Lemon iced cake (G)	Fruit Crumble & Custard (D, G)	Ice Cream (D)	
WEEK 2	Main Option	Mac & Cheese (G, D) Fried rice & vegetables (S) Jacket Potato & toppings Grab Bag (D, G)	Burrito (G, D) Cottage Pie (Ce) Jacket Potato & toppings Grab Bag (D, G)	Vegetable pesto panini (G, D) Chickpea & Corn curry with rice (Ce) Jacket Potato & toppings Grab Bag (D, G)	Sausage & Mash with Gravy (G, S) Vegetable Strudel (G, Ce) Jacket Potato & toppings Grab Bag (D, G)	Pizza & Chips (G, D) Dhal & Naan (G, Ce, Mu) Jacket Potato & toppings	
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	
	Dessert	Fruit Yoghurt (D)	Vanilla cake (G)	Jelly	Banana cake (G)	Ice Cream (D)	
WEEK 3	Main Option	Green pesto Pasta (G, D) Rice & Dhal (Ce, Mu) Jacket Potato & toppings Grab Bag (D, G)	Tacos & Mexican rice (S, D) Thai Curry & Rice (S) Jacket Potato & toppings Grab Bag (D, G)	Hot dogs & potato salad (G, S) Matar Paneer (D, Ce) Jacket Potato & toppings Grab Bag (D, G)	Stir Fry Noodles (G, S) Cheese & onion pasty with coleslaw Jacket Potato & toppings Grab Bag (D, G)	Pizza & Chips (G, D) Masala Kitchari (Ce) Jacket Potato & toppings	
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	
	Dessert	Fruit yoghurt (D)	Chocolate Mousse (D)	Brownies (G, D)	Pineapple cake & custard (G, D)	Ice cream (D)	
		Allergens D - Dairy G - Gluten S - Soja Se - Sesame Mu - Mustard Ce - Celery		Please Note: Salad bar, fresh breads & fruits are available every day. Seasonal fruits and vegetables are used			

Please, when you order your meals from the kitchen, we cannot give substitutions.
So what you order is what your child will get!

Parent Notices

School Lunches

		Spring & Summer Vegan Menu 2023				 Vegetarian School Meals	
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	Option						
	Main Option	Pasta Bolognese (G, S, Ce) Sausage roll & baby potatoes (G, S) Jacket Potato & toppings Grab bag (G)	Enchiladas (G) Mediterranean tart (G) Jacket Potato & toppings Grab bag (G)	Burger & Wedges (G, S) Korma curry & rice (Ce) Jacket Potato & toppings Grab bag (G)	Lasagna (G, S) Vegetable Soup & bread (G, Ce) Jacket Potato & toppings Grab bag (G)	Pizza & Chips (G) Pav Bhaji (G, Ce) Jacket Potato & toppings	
	Side	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
WEEK 2	Dessert	Fruit yoghurt (S)	Cookies (G)	Lemon Icing cake (G)	Fruit Crumble & Custard (G)	Ice Cream (S)	
	Main Option	Mac & Cheese (G) Fried rice & vegetables (S) Jacket Potato & toppings Grab bag (G)	Burrito (G) Cottage Pie (Ce) Jacket Potato & toppings Grab bag (G)	Vegetable pesto panini (G) Chickpea & Corn curry with rice (Ce) Jacket Potato & toppings Grab bag (G)	Sausage & Mash with Gravy (G, S) Vegetable Strudel (G, Ce) Jacket Potato & toppings Grab bag (G)	Pizza & Chips (G) Dhal & Naan (G, Ce, Mu) Jacket Potato & toppings	
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
WEEK 3	Dessert	Fruit Yoghurt (S)	Vanilla cake (G)	Jelly	Banana cake (G,D)	Ice Cream (S)	
	Main Option	Green pesto Pasta (Mu, G, MK) Rice & Dhal (Ce, Mu) Jacket Potato & toppings Grab bag (G)	Tacos & Mexican rice (G) Thai Curry & Rice (S) Jacket Potato & toppings Grab bag (G)	Hot Dogs (G, S) Matar Tofu (S, Ce) Jacket Potato & toppings Grab bag (G)	Stir Fry Noodles (G, S) Jacket Potato & toppings Grab bag (G)	Pizza & Chips (G) Masala Kitchari (Ce) Jacket Potato & toppings	
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit
Dessert	Fruit yoghurt (S)	Chocolate Mousse	Brownies (G)	Crumble & custard (G)	Ice cream (S)		
		Allergens D - Dairy G - Gluten S - Soja Se - Sesame Mu - Mustard Ce - Calery		Please Note: salad bar, fresh breads & fruits are available every day. Seasonal fruits and vegetables are used			

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So what you order is what your child will get!

Parent Notices

School Lunches

		Spring & Summer Menu 2023 Gluten Free				THOMAS HAVILL SCHOOL	
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	Option						
	Main Option	Pasta Bolognese (Ce, S) Jacket Potato & toppings	Enchiladas (Ce) Jacket Potato & toppings	Korma curry & Rice (Ce) Jacket Potato & toppings	Vegetable soup (Ce) Jacket Potato & toppings	Pizza & Chips Pav Bhaji (Ce) Jacket Potato & toppings	
	Side	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	
	Dessert	Fruit yoghurt (S)	Fruit Salad	Desert of the day	Desert of the day	Ice Cream (S)	
WEEK 2	Main Option	Fried rice & vegetables (S) Jacket Potato & toppings	Burrito Cottage Pie (Ce) Jacket Potato & toppings	Chickpea & Corn curry with rice (Ce) Jacket Potato & toppings	Vegetable bake, Mash & Gravy (Ce) Jacket Potato & toppings	Pizza & Chips Dhal & Rice (Ce, Mtu) Jacket Potato & toppings	
	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	
	Dessert	Fruit Yoghurt (S)	Desert of the day	Jelly	Desert of the day	Ice Cream (S)	
	Main Option	Basil pesto Pasta Rice & Dhal (Ce, Mtu) Jacket Potato & topping	Chilli con beans & rice (S) Thai coconut curry & rice (S) Jacket Potato & toppings	Matar Tofu (S, Ce) Jacket Potato & toppings	Tofu and Veg Stir Fry (S) Jacket Potato & toppings	Pizza & Chips Masala Kitchari (Ce) Jacket Potato & toppings	
WEEK 3	Light Meal	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	Greens of the day Fresh salad bar & fruit	
	Dessert	Fruit yoghurt (S)	Desert of the day	Fruit Salad	Desert of the day	Ice cream (S)	
	<p>Please Note: salad bar, fresh breads & fruits are available every day. Seasonal fruits and vegetables are used</p>						
	<p>Allergens D - Dairy G - Gluten S - Soja Se - Sesame Mu - Mustard Co - Celery</p>						

Please, when you order your meals from the kitchen, we cannot give substitutions.
So what you order is what your child will get!