



PE Secondary Uniform at Thomas Hall School

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As we approach the start of the academic year 2024-2025, we would like to outline the expectations regarding the Physical Education (PE) kit. It is important that all students are equipped appropriately to ensure comfort, safety, and uniformity during PE lessons.

Required PE Kit:

1. **Thomas Hall PE Polo Top:** This is mandatory for all students.
2. **Bottoms:** Students are expected to wear either Thomas Hall PE Shorts, Skort, Joggers, or Leggings. To support families, we will also accept plain black shorts, skorts, joggers, or leggings. Plain means that other than a small, branded logo, no other designs should be visible.
3. **Footwear:** Suitable trainers that provide adequate support for running are required. Boots and leather school shoes are not allowed.

Additional Items:

1. **Grip Socks:** Due to safety considerations in our gymnasium, students should either wear bare feet or grip socks. It is advisable for students to bring grip socks to each PE lesson as a precaution.
2. **Thomas Hall PE Zip-Up Top:** This should be used as a warm layer. Non-Thomas Hall jumpers will not be permitted.

Health and Safety Requirements:

- Students are required to change into and out of their PE kit for each PE lesson. For hygiene reasons, the wearing of the Thomas Hall uniform T-shirt or Polo top will not suffice; **it must be the Thomas Hall PE Polo Top.**
- Long hair must be tied up, so students should bring a hair band.
- Long and hooped earrings need to be removed. Stud earrings may need to be removed depending on the sport and teacher discretion. If removal is not possible, students should bring and use their own sterile tape to cover them.
- All other jewellery should be removed, with the exception of a sports watch.

Note for Year 10 and 11 Sports Studies Students: Students enrolled in the Sports Studies course are permitted to order and wear the designated VX3 Sports Studies kit as a replacement for the standard Thomas Hall PE Kit. This exception applies only to those undertaking the Sports Studies course, further information will be sent out separately to these students.

Please be reminded that the phasing-out period of the old Avanti Hall PE kit is now complete, and it will not be acceptable from this academic year onward.

We appreciate your cooperation and look forward to a successful year in PE.