


Autumn / Winter

Menu 2025/26



Introducing our Autumn/Winter School Lunch Menu, offering **high quality**, varied dishes using **local** and **seasonal** ingredients where possible!

Did you know?

All new recipes and products have been trialed in schools with our young customers and kitchen teams.

All sauces are **homemade** and many dishes include **added vegetables** to support healthy diets.

Two desserts a week contain **50% fruit**.

Contact us if you would like to know more about our dishes **or** would like any of our recipes



Allergens for this menu are available in the School Kitchen and with catering@swnorse.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Special Diet Registration Form which can be found in the school

If you think your child/children may be eligible for a **FREE** school meal visit www.gov.uk/apply-free-school-meals



www.swnorse.co.uk

Please note the menu may be subject to change to meet local needs.

1

Monday

Tuesday

Wednesday

Thursday

Friday

| | | | | | |
|-----------------|---|---|--|---|---|
| Hot Option 1 | Margherita Pizza with Potato Wedges (v) | Breaded Chicken with Savoury Rice | Roast Turkey with Stuffing, Roast Potatoes and Gravy | Meatballs in Tomato Sauce with Spaghetti | Chicken Burger & Chips |
| Hot Option 2 | Sweet Potato and Lentil Curry with Steamed Rice (v) | Homemade Bean Burger with Savoury Rice (v) | Plant Sausages with Stuffing, Roast Potatoes and Gravy (v) | Tex Mex Chilli Loaded Wedges (v) | Spanish Omelette & Chips (v) |
| Jacket Potato | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans |
| Pasta | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) |
| Served with | Fresh Seasonal Veg | Coleslaw | Fresh Carrots & Cabbage | Country Mixed Veg | Peas <i>or</i> Baked Beans |
| And for Pudding | Mousse | Sticky Toffee Cake | Iced Shortbread | Apple Crumble & Custard | Chocolate Oatcake with Orange Wedges |

Week One: 3 Nov | 24 Nov | 15 Dec | 19 Jan | 9 Feb | 9 Mar | 30 Mar

Available Daily: Fresh Mixed Salad, Bread & Drinking Water & Fresh Fruit or Yoghurt as Pudding Alternatives

2

Monday

Tuesday

Wednesday

Thursday

Friday

| | | | | | |
|-----------------|---|--|---|---|---|
| Hot Option 1 | Margherita Pizza with Tomato Pasta (v) | Sausage Pastry Pinwheel with Potato Wedges | Roast Gammon & Roast Potatoes with Gravy | Chicken Burrito Bake with Steamed Rice | Chicken Fillet Bites & Chips |
| Hot Option 2 | Vegemince Bolognese with Pasta (v) | Plant Sausage Pastry Pinwheel with Potato Wedges (v) | Cheese and Potato Pie (v) | Cheese and Tomato Pasta Bake (v) | Veggie Fingers & Chips (v) |
| Jacket Potato | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans |
| Pasta | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) |
| Served with | Peas & Sweetcorn | Baked Beans | Fresh Carrots & Green Beans | Country Mixed Veg | Peas <i>or</i> Baked Beans |
| And for Pudding | Organic Pip Ice Lolly | Shortbread with Apple Wedges | Chocolate Cracknell | Iced Sprinkle Cake | Oaty Cookie |

Week Two: 10 Nov | 1 Dec | 5 Jan | 26 Jan | 23 Feb | 16 Mar

Available Daily: Fresh Mixed Salad, Bread & Drinking Water & Fresh Fruit or Yoghurt as Pudding Alternatives

3

Monday

Tuesday

Wednesday

Thursday

Friday

| | | | | | |
|-----------------|---|---|--|--|---|
| Hot Option 1 | Macaroni Cheese & Crusty Bread (v) | Chicken Curry with Steamed Rice | Sausages with Yorkshire Pudding, Mashed Potato & Gravy | Pasta Bolognese | Chicken Goujons & Chips |
| Hot Option 2 | Vegetable Enchilada (v) | Veggie Curry with Steamed Rice (v) | Plant Sausages with Yorkshire Pudding, Mashed Potato & Gravy (v) | Cheese and Potato Pastry Pinwheel with Potato Wedges (v) | Quorn Nuggets & Chips (v) |
| Jacket Potato | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans | Jacket Potato with Cheese <i>and/or</i> Beans |
| Pasta | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) | Homemade Tomato Sauce & Cheese (v) |
| Served with | Fresh Seasonal Veg | Peas | Fresh Carrots & Peas | Sweetcorn & Broccoli | Peas <i>or</i> Baked Beans |
| And for Pudding | Iced Fruit Smoothie | Jam Sponge | Vanilla Arctic Roll | Carrot Cake | Apple Flapjack |

Week Three: 17 Nov | 8 Dec | 12 Jan | 2 Feb | 2 Mar | 23 Mar

Available Daily: Fresh Mixed Salad, Bread & Drinking Water & Fresh Fruit or Yoghurt as Pudding Alternatives